

2 Day Workshop

- *Do you feel that you are not able to put forward your thoughts?*
- *Do you are scared to speak in public?*
- *Do you are not driven enough toward your goal?*
- *Do you feel lost most of the times?*
- *Do you have a goal but do not have the right guidance?*
- *Do you have problem controlling your annoyance?*
- *Is Time Management an issue?*

Dr. Santosh Rai brings you a 2 day workshop to help you out and give you proper guidance.

Day 1 –

1st Session:

10:00 AM to 1:00 PM

- Motivational Talk by Dr. Santosh Rai Sir
- Communication - Importance & Key Points
- Public Speaking Session

Lunch

1:00 PM to 2:30 PM

2nd Session:

2:30 PM to 5:30 PM

- Extempore
- Goal Setting & Self Evaluation
- Question & Answer Session

Interactive session with High Tea - 5:30PM onwards

Day 2 –

3rd Session:

10:00 AM to 1:00 PM

- Anger Management & Time Management
- Presentation - Importance & Key Points

Lunch

1:00 PM to 2:30 PM

4th Session:

2:30 PM to 5:30 PM

- Power of Positive Thinking & Will Power
- Team Building Exercises
- Feedback Session

Interactive session with High Tea - 5:30PM onwards

Please note – Above schedule is a generic format of how the workshops/seminars are conducted. The content and duration can vary according to the attendees